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16. A wearable holster according to claim 5, wherein said wearable holster further comprising a storage portion capable of storing a receptacle containing liquids used for massage therapy, said receptacle being a suitable size to administer the contained fluid using a single hand.

17. A wearable holster according to claim 9, wherein said wearable holster further comprising \(\bar{\chi}\) storage portion capable of storing a receptacle containing liquids used for massage therapy, said receptacle being a suitable size to administer the contained fluid using a

single hand.

- 18. A method of controlling and maintaining temperature of heated stones for use in massage therapy, wherein said stones are stored in a wearable holster according to claim 1, and wherein said stones are held in the at least one thermally open portion should a lower temperature be preferred and held in the at least one thermally insulated portion should current temperature maintenance be desired.
- 19. A method of controlling and maintaining temperature of heated stones for use in massage therapy, wherein said stones are stored in a wearable holster according to claim 2, and wherein said stones are held in the at least one thermally open portion should a lower temperature be preferred and held in the at least one thermally insulated portion should current temperature maintenance be desired.
- 20. A method of controlling and maintaining temperature of heated stones for use in massage therapy, wherein said stones are stored in a wearable holster according to claim 5, and wherein said stones are held in the at least one thermally open portion should a lower temperature be preferred and held in the at least one thermally insulated portion should current temperature maintenance be desired.

New claim(8):

- 21. A method of controlling and maintaining temperature of heated stones for use in massage therapy, wherein said stones are stored in a wearable holster according to claim 18, and wherein the thermally open portion is non-insulated.
- 22. A method of controlling and maintaining temperature of heated stones for use in massage therapy, wherein said stones are stored in a wearable holster according to claim 19, and wherein the thermally open portion is non-insulated.
- 23. A method of controlling and maintaining temperature of heated stones for use in massage therapy, wherein said stones are stored in a wearable holster according to claim 20, and wherein the thermally open portion is non-insulated.
- 24. A method of controlling and maintaining temperature of heated stones for use in massage therapy, wherein said stones are stored in a wearable holster according to claim 18, and wherein the thermally insulated portion and thermally non-insulated portion have fastening means attached, including, but not limited to Velcro.
- 25. A method of controlling and maintaining temperature of heated stones for use in massage therapy, wherein said stones are stored in a wearable holster according to claim 19, and wherein the thermally insulated portion and

- thermally non-insulated portion have fastening means attached, including, but not limited to Velcro.
- 26. A method of controlling and maintaining temperature of heated stones for use in massage therapy, wherein said stones are stored in a wearable holster according to claim 20, and wherein the thermally insulated portion and thermally non-insulated portion have fastening means attached, including, but not limited to Velcro.
- 27. A method of controlling and maintaining temperature of heated stones for use in massage therapy, wherein said stones are stored in a wearable holster according to claim 18, and wherein the removable open storage linings are capable of containing at least one heated object, including, but not limited to a stone, which is placed into it independent of both the thermally insulated portion and the thermally non-insulated portion.
- 28. A method of controlling and maintaining temperature of heated stones for use in massage therapy, wherein said stones are stored in a wearable holster according to claim 19, and wherein the removable open storage linings are capable of containing at least one heated object, including, but not limited to a stone, which is placed into it independent of both the thermally insulated portion and the thermally non-insulated portion.
- 29. A method of controlling and maintaining temperature of heated stones for use in massage therapy, wherein said stones are stored in a wearable holster according to claim 20, and wherein the removable open storage linings are capable of containing at least one heated object, including, but not limited to a stone, which is placed into it independent of both the thermally insulated portion and the thermally non-insulated portion.
- 30. A method of controlling and maintaining temperature of heated stones for use in massage therapy, wherein said stones are stored in a wearable holster according to claim 18, and wherein the removable open storage lining has a fastening means attached to it, including but not limited to Velcro.
- 31. A method of controlling and maintaining temperature of heated stones for use in massage therapy, wherein said stones are stored in a wearable holster according to claim 19, and wherein the removable open storage lining has a fastening means attached to it, including but not limited to Velcro.
- 32. A method of controlling and maintaining temperature of heated stones for use in massage therapy, wherein said stones are stored in a wearable holster according to claim 20, and wherein the removable open storage lining has a fastening means attached to it, including but not limited to Velcro.

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- 33. A method of controlling and maintaining temperature of heated stones for use in massage therapy, wherein said stones are stored in a wearable holster according to claim 18, and wherein said thermal insulation material is washable.
- 34. A method of controlling and maintaining temperature of heated stones for use in massage therapy, wherein said stones are stored in a wearable holster according to claim
- 19, and wherein said thermal insulation material is washable.
- 35. A method of controlling and maintaining temperature of heated stones for use in massage therapy, wherein said stones are stored in a wearable holster according to claim 20, and wherein said thermal insulation material is washable.

Respectfully submitted,

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